

POOL

REGULAR SEASON JUNE 22nd TO AUGUST 14th

| POOL SCHEDULE | | | | | | | |
|------------------|--|---|--|--|---------------------|-------------------------------------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 8 am to 9 am | | Synchro (seniors) | | Synchro (seniors) | Staff Training | | Closed |
| 9:30 am to 11 am | Bronze Star | | Bronze Star | | | | |
| 10 am to 12 pm | | | | | | Swimming lessons (Junior and Adult) | |
| 11 am to 12 pm | Swim Team | | | | | | |
| 12 pm to 1 pm | Aquafit with Debbie Synchro lessons Diving lessons | Waterpolo lessons | Aquafit with Debbie Synchro lessons Diving lessons | Waterpolo lessons | Aquafit with Debbie | Adult Swimming | |
| 1 pm to 2 pm | Bronze Medallion and Bronze Cross | | Bronze Medallion and Bronze Cross | | | | |
| 1 pm to 3 pm | | | | | | | |
| 2 pm to 3 pm | | Adult Swim and Aquagym with the lifeguards | | Adult Swim and Aquagym with the lifeguards | | | |
| 5 pm to 6 pm | | Synchro (juniors) | | Synchro (juniors) | | | |
| 6 pm to 7 pm | Water Polo (Team) | Masters and swim team (additional practice) | | Masters and Aquagym with the lifeguards | Adult Swimming | | |
| 7 pm to 8:30 pm | Public Swimming | | | | | | |
| 8:30 pm to 9 pm | Adult Swimming | | | | | | |