



# MARCH

## 2026

- MICHEL-LEGAULT PARK
- SENNEVILLE PARK
- GEORGE-MCLEISH COMMUNITY CENTRE
- SUBJECT TO WEATHER CONDITIONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						<span style="color: teal;">●</span> <span style="color: red;">●</span>  1 Pick-up Hockey 1 p.m. to 3 p.m.
<span style="color: orange;">●</span>  Functional Fitness 2 11 a.m. to 12 p.m.  Dynamic Stretching 1:30 p.m. to 2:30 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  3 Pick-up hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  4 Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: orange;">●</span>  Functional Fitness 5 11 a.m. to 12 p.m.  Card Games 1 p.m. to 3:30 p.m.  Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  Social Café 6 8:30 a.m. to 9:30 a.m.  Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: blue;">●</span> <span style="color: red;">●</span>  7 Pick-up Hockey 1 p.m. to 3 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  8 Pick-up Hockey 1 p.m. to 3 p.m.
<span style="color: orange;">●</span>  Functional Fitness 9 11 a.m. to 12 p.m.  Dynamic Stretching 1:30 p.m. to 2:30 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  10 Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  11 Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: orange;">●</span>  Functional Fitness 12 11 a.m. to 12 p.m.  Card Games 1 p.m. to 3:30 p.m.  Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  Social Café 13 8:30 a.m. to 9:30 a.m.  Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: orange;">●</span>  Saint-Patrick's Day 14 crafts 1 p.m. to 3 p.m.  Pick-up Hockey 1 p.m. to 3 p.m.	 15 Pick-up Hockey 1 p.m. to 3 p.m.
<span style="color: orange;">●</span>  Functional Fitness 16 11 a.m. to 12 p.m.  Dynamic Stretching 1:30 p.m. to 2:30 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  17 Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  18 Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: orange;">●</span>  Functional Fitness 19 11 a.m. to 12 p.m.  Card Games 1 p.m. to 3:30 p.m.  Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  Social Café 20 8:30 a.m. to 9:30 a.m.  Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: blue;">●</span> <span style="color: red;">●</span>  21 Pick-up Hockey 1 p.m. to 3 p.m.	<span style="color: orange;">●</span>  Easter Crafts 22 2 p.m. to 4 p.m.  Pick-up Hockey 1 p.m. to 3 p.m.
<span style="color: orange;">●</span>  Functional Fitness 23 11 a.m. to 12 p.m.  Dynamic Stretching 1:30 p.m. to 2:30 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  24 Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  Gentle Aerobics 25 10 a.m. to 11 a.m.  Historical Society 1:30 p.m. to 4 p.m.	<span style="color: orange;">●</span>  Functional Fitness 26 11 a.m. to 12 p.m.  Card Games 1 p.m. to 3:30 p.m.  Pick-up Hockey 7 p.m. to 9 p.m.	<span style="color: orange;">●</span>  Social Café 27 8:30 a.m. to 9:30 a.m.  Gentle Aerobics 10 a.m. to 11 a.m.	<span style="color: teal;">●</span>  Easter Egg Hunt 28 11 a.m.  Pick-up Hockey 1 p.m. to 3 p.m.	<span style="color: teal;">●</span> <span style="color: red;">●</span>  29 Pick-up Hockey 1 p.m. to 3 p.m.
30	31					