

# January

2026

- SENNEVILLE PARK
- GEORGE-MCLEISH COMMUNITY CENTRE
- SUBJECT TO WEATHER CONDITIONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
						 4 Pick-up hockey 1 p.m. to 3 p.m.
5	 6 Pick-up hockey 7 p.m. to 9 p.m.		7	 8 Card Games 1 p.m. to 3:30 p.m.	 9 Social Café 8:30 a.m. to 9:30 a.m.	10
 12 Dynamic Stretching 1:30 p.m. to 2:30 p.m.	 13 Pick-up hockey 7 p.m. to 9 p.m.	 14 Gentle Aerobics 10 a.m. to 11 a.m.	 15 Card Games 1 p.m. to 3:30 p.m.	 16 Social Café 8:30 a.m. to 9:30 a.m. Gentle Aerobics 10 a.m. to 11 a.m.	17	 18 Pick-up hockey 1 p.m. to 3 p.m.
 19 Dynamic Stretching 1:30 p.m. to 2:30 p.m.	 20 Pick-up hockey 7 p.m. to 9 p.m.	 21 Gentle Aerobics 10 a.m. to 11 a.m.	 22 Card Games 1 p.m. to 3:30 p.m.	 23 Social Café 8:30 a.m. to 9:30 a.m. Gentle Aerobics 10 a.m. to 11 a.m.	24  Winter Carnival 1 p.m. to 4 p.m.	 25 Pick-up hockey 1 p.m. to 3 p.m.
 26 Dynamic Stretching 1:30 p.m. to 2:30 p.m.	 27 Pick-up hockey 7 p.m. to 9 p.m.	 28 Gentle Aerobics 10 a.m. to 11 a.m. Historical Society 1:30 p.m. to 4 p.m.	 29 Card Games 1 p.m. to 3:30 p.m.	 30 Social Café 8:30 a.m. to 9:30 a.m. Gentle Aerobics 10 a.m. to 11 a.m.	31	